



mist

BEAUTY BOUTIQUE

We personalise our treatments to the individual with meticulous attention to all the particulars and all aspects of the experience.

Secure a private, lavish treatment in our cosy and elegant therapy room in Pinelands, or come and join us for a breathtaking experience at Tintswalo Atlantic, where we have a limited assortment of our menu.

We collaborate with skilled therapists in each field. We implore you to arrange your treatments before the desired time slot, contingent on the therapist's availability.

084 444 5266

FACIAL CARE

BABOR HYDRO BOOST

In just 30 minutes, the skin is cleansed, exfoliated, and ready to absorb a high dosage of BABOR actives, leaving the skin hydrated, glowing and radiant. A wonderful addition to any massage or body treatment.

BABOR SKINOVAGE

During this 60 min customisable treatment, BABOR's luxurious products, paired with individualised techniques, pleasantly stimulate the senses leaving skin balanced and glowing.

Our 90-minute facials listed below include a sequence of massage techniques designed to energise the skin while enveloping you in a cocoon of comfort and relaxation



BABOR SPECIALIST FACIAL

During this 90 min treatment, your skin's specific needs are identified and treated. A DR BABOR specialised mask is used along with a tailored cocktail of active and luxurious products to balance and renew your skin, including extraction if needed.

The unique BABOR LIFTING TOUCH, warm ritual touches, including a head, hand and feet massage, is designed to calm and relax your mind and body from head to toe.

DR BABOR COLLAGEN BIOMATRIX

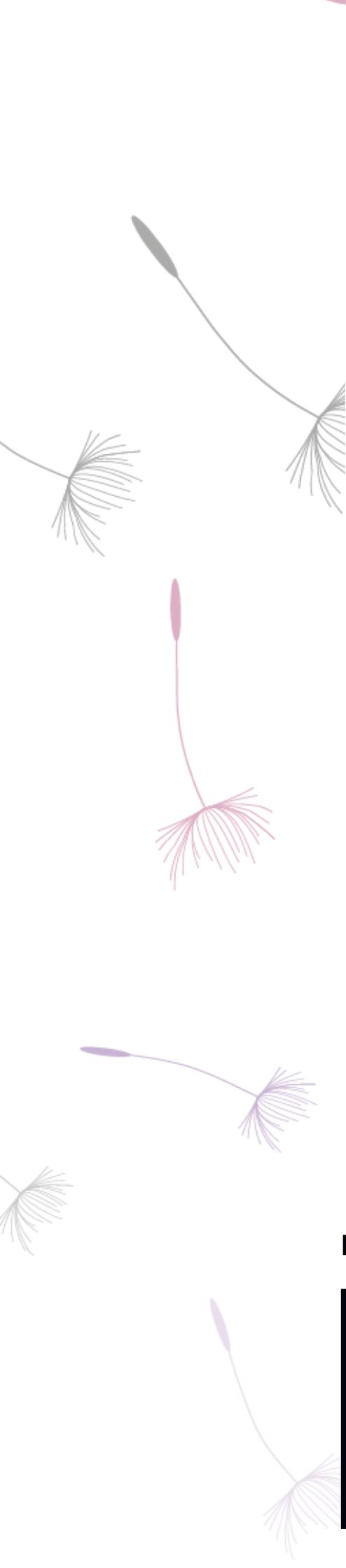
Our most luxurious facial addresses two key skin concerns, loss of elasticity and wrinkles, for a spectacular lifting and moisturising effect. This glow-getting facial includes a scalp, foot and hand massage while DR BABOR's actives work their magic. This facial also boasts the application of BABOR's iconic collagen and hyaluronic treatment mask and a lengthy pressure-point massage for a more youthful you.

With 60 years of skincare **expertise, science & precision** under their belt, BABOR guarantees visible results.



DR BABOR THERAPRO AHA FACE AND DÉCOLLETÉ PEEL

A powerful revitalizing burst that radiates for days can be accomplished with only one treatment. This top-of-the-line BABOR peel generates no reddening, and comes with a scalp massage. Combining a course of peels with home care active treatments can help to combat skin tone, texture, acne and premature aging.



FACIALS

Nimue, a proudly South African derma-cosmeceutical brand developed in 1994 by leading skincare scientists, believes in treating the cause as well as the symptoms of a skin condition.

Its goal-oriented approach involves the professional administration of treatments complemented by prescribed homecare products.

DEEP CLEANSE TREATMENT

This 45 min treatment focuses on reducing congestion, removing dead skin cells and hydrating the skin, leaving you with a refreshed look and feel. Ideal for young skin.

THERAPEUTIC TREATMENT

A 60 min treatment of hydration, nourishment, recovery, and refreshment. Ideal for new Nimue users and younger skin.

ACTIVE REJUVENATION

A skin resurfacing treatment to boost radiance. Highly effective on the following skin concerns: congestion, lack of radiance, sensitivity, premature ageing and loss of elasticity.

NIMUE THERMAL DETOX FACIAL

This time-efficient 45-minute treatment involves a thermal mask, creating a bubbling and warm sensation for a deep cleansing boost and a healthy, clear complexion.





Hand and Foot treatments

We provide Bio Sculpture hand and foot treatments that promise to restore nail health.

Hair Removal

We offer waxing, threading and sugaring treatments to eliminate unwanted hair.

A paste of sugar, lemon, and water, entirely natural in composition, yields a smoother and longer-lasting outcome.

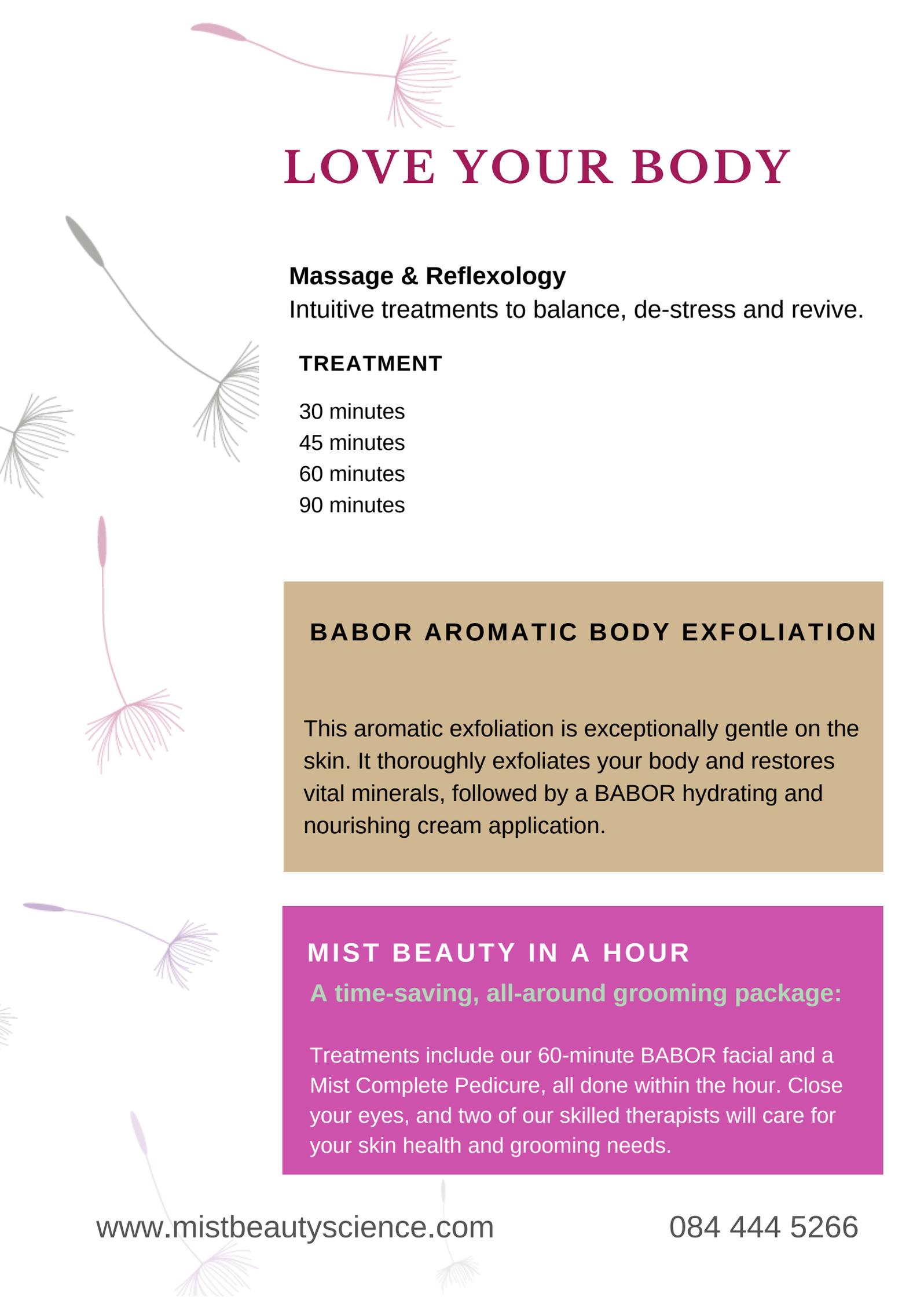
BABOR youthful eyes

Includes the BABOR faces cleansing ritual and eye treatment, a brow and lash tint followed by a pressure point eye massage to stimulate blood flow and drain sinuses.

MICROBLADING

Microblading is a semi-permanent technique where hair-like strokes are drawn one by one to mimic natural hair. When done correctly, it's the most natural brow enhancement technique.

We work with the latest technology, organic pigments and highly effective anaesthetics to achieve results that we are proud of as artists and brows you will love. Most clients require two appointments to create a complete and natural brow.



LOVE YOUR BODY

Massage & Reflexology

Intuitive treatments to balance, de-stress and revive.

TREATMENT

- 30 minutes
- 45 minutes
- 60 minutes
- 90 minutes

BABOR AROMATIC BODY EXFOLIATION

This aromatic exfoliation is exceptionally gentle on the skin. It thoroughly exfoliates your body and restores vital minerals, followed by a BABOR hydrating and nourishing cream application.

MIST BEAUTY IN A HOUR

A time-saving, all-around grooming package:

Treatments include our 60-minute BABOR facial and a Mist Complete Pedicure, all done within the hour. Close your eyes, and two of our skilled therapists will care for your skin health and grooming needs.

SIGNATURE TREATMENTS

MAKE-UP LESSON

Learn how to apply your make-up naturally and skillfully to complement your best features.

We will play with my kit. Also, bring your make-up and together, we will create your magic bag, best suited for your lifestyle and needs.

Individual R 1900 - 2.5 h

2 - 3 ladies R1200 p/p - 3 hours

4 or more ladies R950 p/p - 3.5 hours



Please book in advance for these spoils, 30% deposit secures your booking.

MIST &

Oceans of Light



Kinesiology

R850

Kinesiology with Steven Hudson, a perfect balance of mind, body, emotions and spirit.

Kinesiology offers powerful means to re-balance ourselves – physically, mentally, emotionally and energetically.

By connecting emotional distress with your physical response, Steve guides clients to find the root of the challenge and find a solution and recipe with tools to overcome challenges and achieve their spiritual goals.

The 60 min treatment involves discussion, energy work on a massage table and closure with tools and techniques to move forward.

THE ULTIMATE REBALANCE, REJUVENATE AND HEAL PACKAGE

Revive your body, mind, and soul. The perfect combination of restoration, healing and soul-spoiling. This 3-hour experience includes a Kinesiology balance treatment by Steve Hudson and a 90-minute Babor Pure Bliss Facial.

THE BRIDAL PACKAGE

Our Mist Bridal Beauty Package includes the benefit, relaxation and spoil of our 90 Min BABOR Specialist facial, a Brow shape and Full set of lashes, the Babor Full body exfoliation, and a tailored spray tan.

We add our Mist pedicure and an Evo nail application to complement the wedding day and ensure you are groomed throughout the honeymoon.

We will coordinate all your treatments to ensure you get the best benefit out of each treatment, and we will do our best to accommodate a time that works best for you. We know how precious your time is before the big day. Therefore we will make your treatment time as efficient as possible by doing some treatments simultaneously.

A mini DR BABOR moisture glows cream is your gift before the wedding or as the ideal travel moisturiser for your honeymoon.